Year 12

Year 13

Managing stress and exams

Moving out of home and growing up

RSE: Pregnancy, birth, abortion and miscarriage

RSE: Marriage

Alcohol quiz and recap

ROA and interview skills

Pornography

RSE: STI's

Contraception

YEAR 11

Driving and independence

Finance and money management, including credit and debt, savings

RSE: Parenting

RSE: Sexual harassment and coercive control

Long-term commitments

Post-16 Options / careers

Cancer and self-examination

RSE: Consent

Understanding and preventing extremism and radicalisation

Valuing diversity

Careers and work experience

Trolling

Body image and the media

County lines

Psychoactive substances

Illegal drugs

Cannabis

Alcohol

Mental health: anxiety and depression

sleep

Gangs

Careers

Online safety: Inc. grooming and gambling

Social engineering

RSE: Including STI risk, being ready and consent

YEAR 10

YEAR 9

Healthy coping strategies

Change, loss and bereavement

Knife crime

Digital footprints

Money mules

Drugs

Organ donation

Cancer

Can you trust what you see online?

Identity fraud and data protection

Understanding fraud

RSE: Intro to sex education, contraception and parenting

Managing challenging content

Healthy and unhealthy coping strategies

Attitudes to mental health

RSE: Sexuality and choice

Racism

Prejudice and discrimination

Campaigns and manifestos

Voting and democracy

RSE: Sexting

Alcohol

RSE: Relationships – healthy vs unhealthy relationships

How we deal with crime (role of the police and prisons)

How we deal with crime (legal system)

Inside out and mental health: Eating Disorders and self harm

Promoting emotional wellbeing

Careers, options and Pursuit of Happiness

Disability and inclusivity

Political parties

Illegal Drugs

Prescription , over the counter drugs and vaccinations

Anti-smoking and vaping

Energy drinks

Healthy lifestyles

Keeping safe: Safeguarding, PREVENT and FGM

EPQ:LORIC Assessment

YEAR 8

Cyber-bullying

Banter vs bullying

RSE: Positive relationships

Diversity and bullying

Growth mindset

Nature vs nurture

Who am I?

Be introduced to PSHRE/ LORIC at Houlton School

Year 7 Secondary Ready Young Warrior Day

First aid and CPR

RSE: Changing bodies - Puberty and periods

Challenges of growing up / Managing emotions: Zones of regulation

Inside out and mental health

Careers

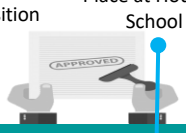
British Values

media

YEAR 7

Attend Houlton School Transition day

Apply for a Place at Houlton School



PRIMARY SCHOOL

Complete Year 6 Transition Booklet and earn lots of reward points!

Build a solid foundation in education

Meet our SLT and Pupil Experience Leaders

Develop a lifelong love of learning