

## LUNCH - WEEK 1

### MONDAY

Toad in the Hole with Creamy Mash, Fresh Vegetables  
& Onion Gravy, featuring our awarding winning pork sausages £1.90

(v) Quorn Fillet topped with Pizza Sauce and Melted Cheese with Fresh Salad £1.75

(v) Homemade Mac 'n' Cheese with a Crispy Top and Fresh Vegetables £1.75

Quarter Pounder Beef Burger, Fresh Salad and Ketchup in a Soft Bap £1.95

### TUESDAY

Organic Beef Spaghetti Bolognese with Fresh Salad £1.90

Fish Finger Wrap with Lemon Mayonnaise and Salad £1.60

Meatball Melt Baguette or (vg) Plant Power Vegan Balls Melt Baguette £1.90

(vg) Potato Topper - Cajun Spiced or Italian £1.25

### WEDNESDAY ROAST

Roast Joint of the Day with Crispy Roast Potatoes  
and Fresh Vegetables £2.05 add a Yorkie Pud for 30p

Marinated Chicken Kebab in a Warm Pitta with Salad and Choice of Sauces £1.95

(vg) Veggie Sausages in Spicy Tomato Sauce with Mash and Fresh Vegetables £1.90

BLT Wrap – Crispy Back Bacon with Lettuce, Tomato and Mayonnaise £1.95

### THURSDAY CURRY CLUB

Choice of two curries every Thursday, one Meat £2.00 and one (vg) Veggie £1.90  
served with Basmati Rice

ADD EXTRAS Fresh Salad 40p/Naan Bread 35p/Minted Yoghurt - Free

Barbeque Marinated Chicken Flatbread with BBQ Sauce and Fresh Salad £2.00

Cheese and Ham Pizza Panini £1.95

### FRIDAY FISH & CHIPS

Breaded or Battered Fish Fillet with Chips and Peas £1.90

Southern Fried Chicken Strips with Chips and Peas £2.20

(v) Cheesy Wedges and Beans £1.50

(v) Haloumi Burger with Onion Chutney £2.00

**THE MAIN MEAL OF THE DAY INCLUDES VEGETABLES OR FRESH SALAD**

*For ALLERGY information please ask a member of staff for assistance*



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## LUNCH - WEEK 2 MONDAY

Organic Pork Meatballs, Rich Tomato Sauce & Pasta £1.90

(v) Vegetable Quesadilla £1.50

*A slice of tortilla filled with Roasted Vegetables and Melted Cheese*

Cheesy Tomato Risotto £1.75

Chicken and Bacon Soft Bap £1.95

## TUESDAY

Homemade Organic Beef Lasagne with Fresh Salad £2.20

Fish Fillet Fingers with Potato Wedges £1.75

(v) Pepper stuffed with Quorn Keema and served with Mint Raita £1.50

(vg) Sticky Barbeque Veggie Sausage Baguette £1.75

## WEDNESDAY ROAST

Roast Joint of the Day with Crispy Roast Potatoes  
and Fresh Vegetables £2.05 add a Yorkie Pud for 30p

(vg) Vegetarian Chilli served with Rice or Nacho's £1.90

(v) Roasted Quorn Fillet with Crispy Roast Potatoes and Fresh Vegetables £1.90

Quarter Pounder Cheese Burger, Fresh Salad and Ketchup in a Soft Bap £1.95

## THURSDAY CURRY CLUB

Choice of two curries every Thursday, one Meat £2.00 and one (vg) Veggie £1.90  
served with Basmati Rice

ADD EXTRAS Fresh Salad 40p/Naan Bread 35p/Minted Yoghurt - Free

(vg) Vegetable Chow Mein £ 1.90

Tuna and Cheese Melt Panini £1.95

## FRIDAY FISH & CHIPS

Breaded or Battered Fish Fillet with Chips and Peas £1.90

Southern Fried Chicken Strips with Chips and Peas £2.20

(vg) Veggie Fingers and Chips/Wedges £1.75

(vg) Vegan 100% Plant Power Burger with Salad in a Soft Bap £1.55

**THE MAIN MEAL OF THE DAY INCLUDES VEGETABLES OR FRESH SALAD**

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## LUNCH - WEEK 3

### MONDAY

Homemade Chicken Pie, Potatoes & Fresh Veggies £1.90

(v) Sweet Chilli Quorn with Noodles £1.90

Salmon Fillet Fish Fingers with Wedges and Dips £1.75

Quarter Pounder Beef Burger, Fresh Salad and Ketchup in a Soft Bap £1.95

### TUESDAY

Jerk Chicken, Rice and Peas with Fresh Salad £2.00

Sticky BBQ Sausage with Potato Wedges £1.75

(vg) Stuffed Crust Sticky Barbeque Jack Fruit Pizza £1.00

Chicken and Bacon Baguette £1.95

### WEDNESDAY ROAST

Roast Joint of the Day with Crispy Roast Potatoes  
and Fresh Vegetables £2.05 add a Yorkie Pud for 30p

(v) Tomato Pasta Bake £1.75

(v) Pizza Flatbread £2.00

Chicken Poppers Hot Sub Sandwich, Sauce and Salad £1.95

### THURSDAY CURRY CLUB

Choice of two curries every Thursday, one Meat £2.00 and one (vg) Veggie £1.90  
served with Basmati Rice

ADD EXTRAS Fresh Salad 40p/Naan Bread 35p/Minted Yoghurt - Free

(v) Veggie Burrito Bake with Vegetables or Salad £1.90

Bacon, Cheese and Tomato Panini £1.95

### FRIDAY FISH & CHIPS

Breaded or Battered Fish Fillet with Chips and Peas £1.90

Southern Fried Chicken Strips with Chips and Peas £2.20

(v) Vegetable Lasagne, Fresh Salad £ 1.90

(vg) 100% Plant Power Vegan Balls Hot Sub Sandwich,  
Sauce and Salad £1.90

**THE MAIN MEAL OF THE DAY INCLUDES VEGETABLES OR FRESH SALAD**

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**Various Hot Filled Breads  
and Baps from £1.55**

**(v) Pizza of the Day from £1.00**

**Filled Jacket Potatoes from £1.55**

**(v) Hot Pasta Pots from £1.55**

**(v) Fresh Bread from 35p**

**(v) Cheese portions from 50p**

**(v) Crackers 35p**

**FRESH SALAD BAR SELECTION  
HELP YOURSELF 500ml box £1.95**

**A selection of (v) Sweet Baked Goods,  
Homemade Cake or Biscuits from 45p**

**(v) Fresh Fruit Pots, Yoghurts,  
Whips and Jellies from 55p**

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